



Weekly Menu 6/8/19

Oven Baked Potato, Mushroom, Chickpeas with Pesto

(potatoes, mushrooms, chickpeas, homemade dairy-free pesto, w/ sautéed string beans)

Southwestern Chipotle Bowl

(chipotle plant base sausage, brown rice, black beans, corn, caramelized onions, roasted red peppers, southwestern aioli)

Lemon Chickn' Salad

(arugula, baby spinach, red onions, tempeh bacon, croutons, and homemade lemon herb dressing)

Garden Fresh Burrito

(soft tortilla, brown rice, black beans zucchini, bell peppers, pico and sour dairy-free sour cream)

Tomato Pasta Bake

(asparagus, sweet peas, onions, homemade tomato sauce)

100% Plant Based - 100% Nutritious - 100% Delicious